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New PT Practice Checklist

To find products, simply type the item description in the SEARCH Box: i.e., "Gel Warmer"

MODALITIES

Nylatex Wraps Chattanooga Colpacs (Black Polyurethane or Blue Vinyl) Cold Pack Chilling Unit Hydrocollator Package (Each pkg contains hot packs) Chattanooga Hot Pack Covers Hot Pack Handling Tongs Wall-Mount Drying Racks for Hot Pack Covers TherabathPRO Paraffin Wax Bath Gel Warmer Elgin Pain Relief Gel (Superior to Biofreeze & costs less) Free-Up Deep Tissue Massage Cream Organic Deep Tissue Massage Lotion ActivaDose II Iontophoresis Controller Ionto480 Iontophoresis Electrodes by Axelgaard Stimulator/Electrotherapy Device or Combo Stim + US Ultrasound Device or Combo Stim + US Case of 40 Electrodes 5 Liter Ultrasound Gel and/or | Gallon US Lotion

REHAB EXERCISE - Supplies

Elgin Cuff Weight Set - Suggest #011-WCS1 20 Piece Dumbbell Set - Suggest #176-210 Five 50yd Exercise Band Rolls - Suggest Sanctband Combo Cuff Weight/Dumbbell/TheraBand Rack Alternative: Dumbbell Wall Rack - Suggest #004-WR6 Alternative: 50yd Band Wall Rack - #069-5105F Alternative: Cuff Weight Rack with Mirror Exercise Balls - Suggest Elgin Exercise Balls FlexiGrip or FlexiGrip Sport Hand Exercise Putty Affordable Wall Gym - Suggest #151-100 Rebounder Trampoline - Suggest #072-148 Stretch Out Strap #171-4402 Archxerciser #005-FED1, #005-FEDP or #005-FED2 Shoulder ROM Pulley - Suggest #004-2035 Multi-Slant Board - Suggest #045-95052 **BAPS** Board **BOSU Balance Trainer** Balance Pad - Suggest #088-23501 Foam Rollers - Suggest Elgin Foam Rollers Wobble & Rocker Board Set - Suggest #038-WBK

REHAB EXERCISE - Cardio/Strength

SportsArt UB521M UBE or SciFit Pro2TBE Alternative: Table Top UBE or Lower #039-18030 SportsArt Upright Cycle SportsArt Recumbent Cycle SportsArt Treadmill - #140-T635M or #140-T655MS Functional Trainer Cable Column Pulley - #075-210 True MultiStation Gym - Suggest #123-35

TREATMENT FURNITURE

Plastic Utility Cart - Suggest #034-4080 Gast Lift Stools - Suggest #103-SS7677 Wood Treatment Table - Suggest #069-101030 Electric Hi-Lo Treatment Table - Suggest #165-8718 Wood Mat Table - Suggest 5' × 7' #143-657 Electric Hi-Lo Mat Table - Suggest 5' × 7' #143-650 Parallel Bars Training Stairs

POSITIONING/TRACTION

Vinyl Covered Bolsters - Suggest Elgin Bolsters Vinyl Covered Wedges - Suggest Elgin Wedges Chattanooga TX Traction Package #046-68742 Alternative: Lumbar Hometrac #046-199603 Alternative: Cervical Hometrac #046-199594 Alternative: Cervical Door Traction #061-4390

CLINICAL SUPPLIES

Washable Exam Gowns - Suggest #091-70212 Standard Pillows - Suggest #095-5111 Washable Sheets & Pillowcases Vinyl Pillow Protectors - #091-4234 Washable Towels Exam Gloves Cleaning Agents - Suggest Citrus II or SaniZide Plus Anatomical Charts Anatomical Models Kinesio Tape Leukotape Cover Roll

EVALUATION

Digital BPM Sphygmomanometer Digital Timer Stethoscope Hand Dynamometer or 3 Pc. Hand Evaluation Set Finger Goniometers Taylor & Buck Hammers Wartenburg Pinwheel Bubble Inclinometer Balance Beam Scale or Digital Scale